

MDG Class Schedule
September 13, 2021 – June 18, 2022

Monday <i>Big Classroom</i>	Monday <i>Small Classroom</i>	Tuesday <i>Big Classroom</i>	Tuesday <i>Small Classroom</i>	Wednesday <i>Big Classroom</i>	Wednesday <i>Small Classroom</i>	Thursday <i>Big Classroom</i>	Thursday <i>Small Classroom</i>	Friday <i>Big Classroom</i>	Friday <i>Small Classroom</i>	Saturday <i>Big Classroom</i>	Saturday <i>Small Classroom</i>	Sunday <i>Both Classrooms</i>
Adult Aerial FIT <i>BEG + EXP</i> 9:15 – 10:15			Aerial Yoga (16+ years) 9:25 – 10:25						Aerial Yoga <i>EXP</i> (16+ years) 9:15 – 10:15	Adult Aerial Silks <i>BEG + EXP</i> 9:15 – 10:15	Acro/Aerial Danz Mix B <i>BEG + EXP</i> (6 – 8 years) 9:25 – 10:25	Aerial Yoga (16+ years) 9:30 – 10:30
		Homeschool Acro / Aerial Danz Mix <i>EXP</i> 10:30 – 11:30								Acro/Aerial Danz Mix C <i>BEG + EXP</i> (7 – 9 years) 10:30 – 11:45		
										Ninja in Training <i>BOYS ONLY</i> (8 – 12 years) 11:30 – 12:30		
		Aerial Silks w/ Trapeze <i>EXP</i> (10+ years) 4:55 – 5:55								Contortion (12+ years) 12:15 – 1:30		The Pulse <i>INVITE</i> (Teen) 12:45 – 2:00
		Aerial Danz <i>EXP</i> (7 – 10 years) 6:00 – 7:00	Aerial Style <i>EXP</i> (11+ years) 4:50 – 5:50	Synergy Aerial <i>INT INVITE</i> (Teen) 4:45 – 5:45	Le Petit Cirque (3 – 5 years) 5:00 – 5:45	Acro/Aerial Danz Mix C <i>BEG + EXP</i> (7 – 9 years) 4:55 – 6:10	Acro/Aerial Danz Mix B <i>BEG</i> (6 – 8 years) 4:50 – 5:50		CHISEL FLOW (13+ years) 5:00 – 6:00	Aerial Mixed Apparatus <i>EXP INVITE</i> (12+ years) 1:30 – 2:30	Handstands + Flex <i>BEG</i> (9 – 11 years) 1:30 – 2:30	The Pulse Aerial Silks <i>INVITE</i> (Teen) 2:05 – 3:20
Acro/Aerial Danz Mix C <i>EXP</i> (9 - 12 years) 5:30 – 6:45	Drama Club (7 – 12 years) 5:30 – 6:30	Hoop + Trap <i>BEG</i> (10+ years) 6:00 – 7:00	Synergy <i>INVITE</i> (9+ years) 6:00 – 7:15	Aerial Silks <i>BEG + EXP</i> (Teen) 6:00 – 7:00	Drama Club <i>TEEN</i> (12 – 17 years) 5:50 – 6:50	Acro/Aerial Danz Mix C <i>BEG + EXP</i> (9 – 12 years) 6:15 – 7:30	Acro Danz <i>EXP</i> (7 – 9 years) 6:00 – 7:00	Adult Aerial Silks <i>EXP</i> 6:15 – 7:15	Acro/Aerial Danz Mix <i>For dancers</i> (13+ years) 6:00 – 7:15	Momentum <i>INVITE</i> 2:30 – 6:00	Clowning Around (10+ years) 2:45 – 3:45	Party Bookings Special Training Private Lessons 3:30 – 5:30
Aerial Silks <i>EXP INVITE</i> (Teen) 6:50 – 7:50	Acro Danz <i>BEG + EXP</i> (9 - 12 years) 6:45 – 7:45	Mixed Aerial Apparatus <i>ADV INVITE</i> (14+ years) 7:05 – 8:20	Acro Danz <i>BEG + EXP</i> (Teen) 7:15 – 8:15	Aerial Silks <i>ADV INVITE</i> (14+ years) 7:05 – 8:20		Aerial Silks/ Hoop & Trap <i>BEG + EXP</i> (13+ years) 7:30 – 8:30	Aerial Yoga (16+ years) 7:15 – 8:15					
Hoop + Trap <i>EXP</i> (Teen + Adult) 8:00 – 9:00	Danz Fusion <i>INVITE</i> (Teen) 7:55 – 9:10	Aerial Silks <i>BEG + EXP</i> (Teen) 8:20 – 9:20		Adult Aerial Silks <i>BEG + EXP</i> 8:20 – 9:20		Adult Aerial Silks <i>EXP + INT</i> 8:30 – 9:30						

NOTE: Schedule subject to change. Contact us at director@monicasdanzgym.com or call (204) 261-8890 to pre-register.